



GETTING—and STAYING—SOBER BY TALKING ABOUT SEX:

A Sexual Health Approach to Improving Drug & Alcohol Treatment

Douglas Braun-Harvey, MFT, CGP, Certified Sex Therapist

Friday, April 23rd
12-3pm
Green Hall

Register online at aamftca.org
Earn 2 CEUs
Lunch will be served

The first hour will include networking and announcements. While great strides have been made in treating addiction, the sexuality of those in recovery is too often marginalized, if not totally ignored. The central idea explored in this presentation is that keeping sex on the sidelines of the recovery process often leads to treatment failure, relapse, and untold costs in the lives of addicts and their families. This is especially true for the large number of addicts dealing with sex/drug-linked patterns in which crystal methamphetamine, cocaine, alcohol, and club drugs are regularly combined with sexual behavior patterns, so that drug highs fuse with intense erotic states.

Mr. Braun-Harvey will introduce his sexual-health model to address the unmet needs of clients with sex/drug-linked addiction patterns. He will discuss counselor and treatment provider biases and beliefs about recovery and sex. He will review the key elements of the curriculum and lead fun and stimulating experiential exercises from the curriculum to demonstrate the skills and insights required to apply this approach in a wide variety of situations and settings. Finally, he will review how this program was designed, implemented, and measured for outcome effectiveness.

His book "Sexual Health in Drug and Alcohol Treatment: Group facilitator's manual" will be available for sale and signing.